

SIZE, SIZING AND MEASUREMENT GUIDE - HOW TO MEASURE YOURSELF

GETTING YOUR WORKWEAR TO FIT

The following instructions provide advice on how to take accurate measurements for each part of the body to ensure full protection and a comfortable fit.

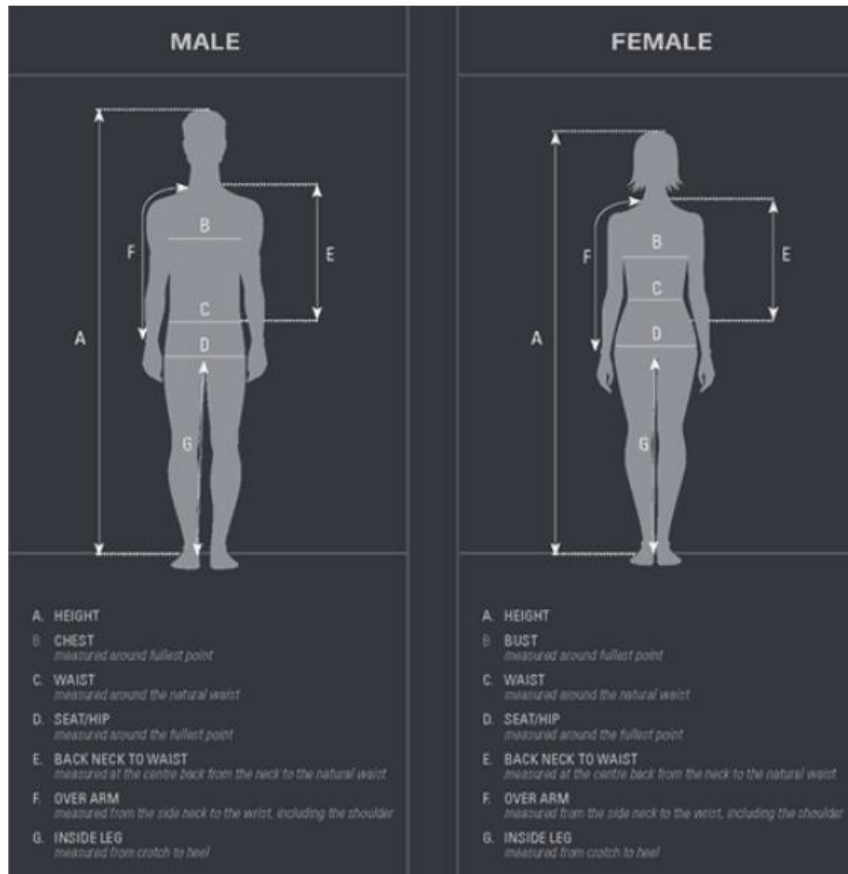
HOW TO MEASURE YOURSELF

If you already have workwear that is comfortable after it has been washed, look in the label and the size and leg length should be visible. Alternatively simply follow the instructions below and ask somebody to measure the key dimensions illustrated. It is important to note you should always measure around the fullest part while wearing the undergarments you would normally wear for work. Ballyclare User Information Sheets are provided with each product. Please note some garments are not available in every size option and that size conversions can differ from garment to garment.

SPECIAL MEASURES

Should standard clothing not fit you, you may require a special measurement, in which case please place an order via the website by completing the Special Measure box when selecting your garments. The image below should help you decide which measurements you need to provide. If you need further advice you can contact our Customer Service team by emailing info@ballyclarelimited.com or calling 0844 493 2808 (UK only number) or +44 (0)161 412 0000.

WHERE TO MEASURE YOURSELF



365, PROTEC, CAPTURE COLLECTION

Please note the 365 trouser range fits a little small

SHORT SIZES													
INT	XS		S		M		L		XL		XXL		3XL
EU SIZE	22	23	24	25	26	27	28	29	30	31	32	33	34
UK SIZE	28S	30S	32S	34S	36S	38S	40S	42S	44S	46S	48S	50S	52S
LENGTH	116-170	170-174	174-178	147-178	178-182	182-186	182-186	186-190	186-190	186-190	190-194	190-194	190-194
CHEST	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117	118-121	122-125	126-128	129-134	135-140
TAILLE	70-74	75-79	80-84	85-89	90-94	95-99	100-104	105-109	110-114	115-121	122-128	128-134	134-141
WAIST	94-96	97-99	100-102	103-105	106-108	109-111	112-114	115-117	118-121	122-125	126-130	131-134	135-138
INSIDE LEG	74	74	74	74	74	74	74	74	74	74	74	74	74

REGULAR SIZES													
INT	XS		S		M		L		XL		XXL		3XL
EU SIZE	44	46	48	50	52	54	56	58	60	62	64	66	68
UK SIZE	28	30	32	34	36	38	40	42	44	46	48	50	52
LENGTH	116-170	170-174	174-178	147-178	178-182	182-186	182-186	186-190	186-190	186-190	190-194	190-194	190-194
CHEST	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117	118-121	122-125	126-128	129-134	135-140
TAILLE	70-74	75-79	80-84	85-89	90-94	95-99	100-104	105-109	110-114	115-121	122-128	128-134	134-141
WAIST	94-96	97-99	100-102	103-105	106-108	109-111	112-114	115-117	118-121	122-125	126-130	131-134	135-138
INSIDE LEG	83	83	83	83	83	83	83	83	83	83	83	83	83

TALL SIZES													
INT	XS		S		M		L		XL		XXL		3XL
EU SIZE		47	49	51	53	55	57	59	61	63	65	67	
UK SIZE		30L	32L	34L	36L	38L	40L	42L	44L	46L	48L	50L	
LENGTH		176-180	182-186	182-186	184-188	188-192	188-192	192-196	192-196	192-196	196-200	196-200	
CHEST		90-93	94-97	98-101	102-105	106-109	110-113	114-117	118-121	122-125	126-128	129-134	
TAILLE		75-79	80-84	85-89	90-94	95-99	100-104	105-109	110-114	115-121	122-128	128-134	
WAIST		97-99	100-102	103-105	106-108	109-111	112-114	115-117	118-121	122-125	126-130	131-134	
INSIDE LEG		89	89	89	89	89	89	89	89	89	89	89	



PIONER® COLLECTION

COVERALLS													
SIZE	XS		S		M		L		XL		2XL		3XL
CHEST (INCHES)			38	40	42		44	46	48	50	52	54	56
CHEST (CMS)			96	100	108		112	116	124	128	132	136	140

REGULAR LEG LENGTH 79CM / 31"

JACKETS													
SIZE	XS		S		M		L		XL		2XL		3XL
CHEST (INCHES)			38	40	42		44	46	48	50	52	54	56
CHEST (CMS)			96	100	108		112	116	124	128	132	136	140

TROUSERS													
SIZE	XS		S		M		L		XL		2XL		3XL
WAIST (INCHES)	28	30	32	34	36	38	40	42	44	46	52	54	56
WAIST (CMS)	71	76	81	86	91	96	101	107	112	117	132	136	140

REGULAR LEG LENGTH 79CM / 31"
TALL LEG LENGTH 84CM / 33"

HAEN COLLECTION

HAEN FEMALE													
INT SIZE	XS		S		M		L		XL		2XL		3XL
EU SIZE	32	34	36	38	40	42	44	46	48	50	52	54	
CHEST	82	86	90	94	98	102	106	110	115	120	125	130	
HIP	90	94	98	102	106	110	114	118	123	128	133	138	

HAEN MALE													
INT SIZE	XS		S		M		L		XL		2XL		3XL
EU SIZE	42	44	46	48	50	52	54	56	58	60	62	64	
CHEST	85	89	93	97	101	105	109	113	117	121	125	129	
HIP	92	96	100	104	108	112	116	120	124	128	132	137	